

May also offer support to family and community

Resilient

Unique talents and amazing ability

Different intelligence – people with intellectual disabilities may have a higher social and/or emotional intelligence than people without intellectual disabilities e.g. easily able to start conversations with strangers and form friendships

Determined and driven to overcome hurdles

Self-determination and self advocacy e.g. "Don't dis my Ability"

Pushing boundaries and challenging other peoples' perception of people with disabilities

Increase movement towards the Social Model of Disability e.g. change society to accommodate people living with impairments; do not change persons with impairment to accommodate society.

Intelligent

Strong systems of support from family, friends and community

Strong participation in society

Disabilities Strengths